

OVA-VIEW™ OVULATION TEST

BEFORE YOU USE THE OVA-VIEW™ OVULATION TEST

Please read this instruction leaflet completely before testing. If the foil pouch has been opened or damaged, do not use. Note the expiration date on the foil pouch. Do not use if the product has expired. Store in a dry place at room temperature (below 86°F or 30°C). Do not freeze.

Keep out of reach of children.

FOR IN VITRO DIAGNOSTIC USE. NOT TO BE TAKEN INTERNALLY.

WHAT IS OVULATION

Ovulation is the release of an egg from the ovary and is the time during the cycle when a woman is more likely to become pregnant. Ovulation can be determined by monitoring the level of luteinizing hormone (LH) in the urine. LH is always present in the urine in small amounts. An increase ("surge") in LH is an indication that ovulation will occur within the next 24 – 40 hours. OVA-VIEW™ is a test which will detect a rise in LH in the urine thus signaling ovulation.

WHEN TO START TESTING

A urine specimen may be collected at any time of day but you should collect at the same time each day. It is recommended that fluid intake be reduced for at least two hours prior to the collection of the urine specimen.

Before starting the test, it is important to determine the length of the menstrual cycle. The menstrual cycle is calculated from the day on which the bleeding begins (day 1) to the day

before bleeding starts again. The normal cycle is 24 to 35 days. If your cycles vary in length, take the average number of days for 3 cycles. Testing should be done during the time you are more likely to ovulate. To determine when testing should start, refer to the chart below. Start testing on the day indicated for your cycle length and continue testing each day until a positive result is seen.

CYCLE LENGTH	START TESTING ON DAY NO.	CYCLE LENGTH	START TESTING ON DAY NO.
21 days	6	31 days	14
22 days	6	32 days	15
23 days	7	33 days	16
24 days	7	34 days	17
25 days	8	35 days	18
26 days	9	36 days	19
27 days	10	37 days	20
28 days	11	38 days	21
29 days	12	39 days	22
30 days	13	40 days	23

Note: Count the first day of bleeding as day 1.

HOW TO USE OVA-VIEW™

1. Remove the OVA-VIEW™ test device from the foil pouch.
2. Place the OVA-VIEW™ test device on a flat surface.
3. Using the dropper provided, dispense three (3) drops of urine into the sample well (see diagram).
4. Wait 3 – 10 minutes for the color (pink) bands to appear. DO NOT interpret the test results after 10 minutes.

HOW TO READ THE TEST

NEGATIVE RESULT

- a. If only one pink band appears (control band [C]), no LH surge has been detected. Ovulation will not occur within the next 24 – 40 hours.

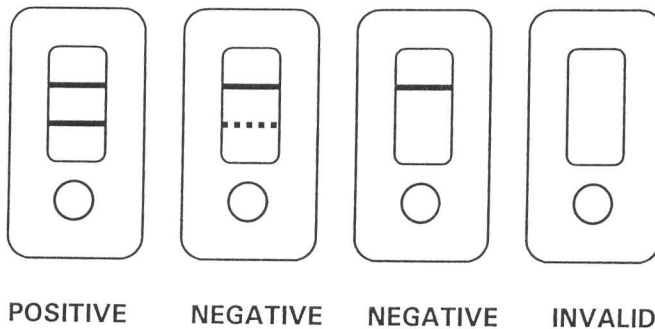
- b. If the test band appears (T), but is lighter in color intensity than the control band (C), no LH surge has been detected. Ovulation will not occur within the next 24 – 40 hours.

POSITIVE RESULT

If two bands appear, and the color intensity of the test band (T) is the same as or darker than that of the control band (C), LH surge has been detected. Ovulation will occur within the next 24 – 40 hours.

INVALID RESULT

If neither the control band nor the test band appear, the test is invalid. Discard the test device and repeat the test.



QUESTIONS AND ANSWERS ABOUT OVA-VIEW™ OVULATION TEST

Will food, alcohol or over the counter drugs interfere with the test results?

Food, alcohol or common over the counter drugs such as aspirin, Tylenol®, anti-histamines and cold medicines will not affect the test results.

Can I use OVA-VIEW™ as a contraceptive device?

No. It is possible for sperm to survive up to 3 days (72 hours). OVA-VIEW™ predicts ovulation 24 – 40 hours prior to the release of the egg. If you have intercourse just before the detection of the LH surge, the egg may still be fertilized.

Once I see a positive test result, when am I most likely to become pregnant?

You are more likely to become pregnant the day of your positive result (LH surge) and the next day and a half.

Do any prescription drugs interfere with the test?

Some drugs such as menotropins and danazol may interfere with the test results. If you are taking clomiphene citrate, you should wait at least 3 days after taking the last tablet before testing.

Besides drugs, are there any conditions which might affect the test?

If you have recently been pregnant, if you are pregnant or if you are post menopausal, the results may be inaccurate.

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